Mentally healthy workplaces















Psychological safety policy

	recognises that a mentally healthy workplace is a key
driver for organisational success and sustainability.	
	is committed to:
 eliminating or minimising risks to psychological health with monitored regularly 	th integrated systems, policies and processes that are
• building and maintaining a positive and supportive enviro	nment and culture that protects from psychological injury
• increasing workers' knowledge, skills and capabilities to b	e resilient and thrive at work
 reducing stigma and discrimination in the workplace 	
• facilitating workers' participation in a range of initiatives t	hat contribute to a mentally healthy workplace.
All workers are encouraged to:	
• understand this policy and seek clarification from manage	ement where required
• identify and report on hazards and factors that may impact	t on workers' psychological health and safety
• consider this policy while completing work-related duties	and at any time while representing
• support fellow workers in their awareness of this policy	
support and contribute to	's aim of providing a mentally

healthy workplace for all workers.